

Skin Care

WITH DOTERRA ESSENTIAL OILS

SCAR RECIPE

10ml Roller Bottle
15 drops Yarrow Pom
10 drops Helichrysum
10 drops Myrrh
10 drops Frankincense
Fill remainder with
Fractionated Coconut Oil

Apply 3-4 times a day, massage in

STRETCH MARK BLEND

10 ml Roller Bottle
10 drops Lavender
10 drops Myrrh
10 drops Helichrysum
Fill remainder with Fractionated
Coconut Oil

Roll on 2-3 times a day

CRACKED OR DRY SKIN

Yarrow Pom Body Renewal Serum
Yarrow Pom Oil or
Spa Replenishing Body Butter

ZIT ZAPPER SPOT TREATMENT

Tea Tree
Purify
HD Clear Roller Bottle

OWIE SPRAY

10 drops Frankincense
10 drops Lavender
10 drops Tea Tree
Fill Remainder with FCO

Spray on irritated skin

ESSENTIAL SKIN CARE

Target the visible appearance of aging and prevent future signs of aging. This line helps you keep your skin feeling and looking young, healthy, and gorgeous

SKIN SERUM

2 oz Spray Bottle
20 drops Tea Tree
20 drops Geranium
20 drops Magnolia
20 drops Frankincense
Fill remainder with
Fractionated Coconut Oil
or Jojoba Oil

MAKE UP BRUSH CLEANER

In a glass, add a few pumps
of On Guard Foaming Wash
and 2 drops On Guard oil.

Swirl brush in water. Repeat
process until brush is clean.

Rinse and dry.

BAGS BE GONE

Gently dab Yarrow Pom Oil
under eyes

BROWN SPOTS

Frankincense
Immortelle Anti-Aging Blend or
Yarrow Pom

REDNESS

Helichrysum
Yarrow Pom or
Correct-X

EYE FINE LINES & WRINKLES

Anti-Aging Eye Cream

VERÁGE® SKIN CARE

Contains only the best natural ingredients of doTERRA essential oils, emollients, and plant extracts that will leave skin feeling nourished and hydrated while encouraging confidence through reduced signs of visible aging.

GLOWING SKIN

Add any of the following
to your skin care lotion or to
a carrier oil:

- Yarrow Pom
- Frankincense
- Copaiba
- Lavender
- Blue Tansy
- Immortelle Anti-Aging Blend
- Rose
- Neroli
- Jasmine
- Hawaiian Sandlewood
- Myrrh

BEAUTIFUL SKIN FROM THE INSIDE OUT

Lifelong Vitality Supplements

give you the nutrition your
body needs. Benefits include
healthy skin, hair and nails.

Yarrow Pom Cellular Beauty Complex

help in activating
skin-protecting proteins and
inhibiting the enzymes that
breakdown elasticity and
collagen with the added
benefit of promoting collagen
production.

DigestZen TerraZyme®

No matter how many healthy
foods you consume, your skin
won't glow unless your body is
absorbing the nutrients from
them. TerraZyme® helps you
properly digest food so you
have access to higher amounts
of nutrients, which nourishes
the skin.

HD CLEAR®

Although signs of problem skin may begin in the early teens, it affects individuals of all ages. This line address problem skin issues at their core—naturally and effectively, giving you the results you want and expect—clear, smooth skin.